Is Your Student Preparing for the Real World?

IDEA requires transition planning to begin by age 14. Physical therapists play an essential role in successful transition by preparing students to physically navigate their adult life. When executed well, this planning process promotes equality of opportunity to succeed after school services end, full participation in their environment and society, and living as independently as possible.

For more information on transition planning under IDEA please visit: <u>https://pediatricapta.org/includes/fact-sheets/pdfs/Transition%20Fact%20Sheet.pdf</u>

Identify

student and family goals for adult life through IEP meetings

Intervene

to optimize mobility, safety, and overcome barriers to enhance independence

Educate

to promote lifelong fitness, prevent future mobility loss, and inform about available resources

Evaluate

functional mobility in environments relevant to current and future settings

Prepare

student by emphasizing personal management and use of assistive technology

Collaborate

with other professionals, community agencies, and job support staff to ensure future success